

# NORMS AND STANDARDS IN GALATIANS 5:22-23:

## *Inwardly, Outwardly, Upwardly*

### Inwardly toward self:

**Love:** *Agapē*: Personal love for God & unconditional love for fellow believers.

**Joy:** *Chara*: Inner happiness from maximum doctrine.

**Peace:** *Eirēnē*: Soul tranquility which produces spiritual prosperity and inner peace.

### Outwardly toward others:

**Patience:** *Makrothumia*: Longsuffering by bearing pain and trials without complaint.

**Kindness:** *Chrēstotēs*: Gentleness toward others.

**Goodness:** *Agathōsunē*: A grace mental attitude and willingness to offer truthful insight.

### Upwardly toward God:

**Faithfulness:** *Pistis*: Faith in action; composure under stress.

**Gentleness:** *Prautēs*: Grace attitude toward God regardless of circumstances.

**Self-control:** *Enkrateia*: Dominion over all things & over self