

The Doctrine of Fear: Nine Principles on Fear; Doctrine of the Faith-Rest Drill: Mechanics: Introduction

I. Faith Cancels Fear:

- 1- Fear and the four spiritual mechanics cannot coexist. You are either afraid in the cosmic system or courageous under the filling of the Holy Spirit.
- 2- The devil's world and the people in it will present you with daily opportunities to decide where you will spend your life, in the cosmic system or in the divine power system.
- 3- Most of you have not joined me in my love for Bluegrass music although you have not allowed it to lead to a personality conflict. Nothing good ever happens in a Bluegrass song unless the subject is about dying and winding up in heaven.
- 4- Every day each one of us has the freedom to make bad decisions. And when we do we turn our existence into a real-life Bluegrass song.
- 5- In fact the Prophet Isaiah could well have written a Bluegrass song with this description of those who choose to walk down wheel-tracks of wickedness:

Isaiah 59:8 - They do not know the way [**derek**] of peace [**reconciliation**] and there is no justice in their tracks [**magal**]. They have made their paths [**natib**] crooked. Whoever treads on them [**wheel-tracks of wickedness**] does not know peace [**reconciliation**].

- 6- Such was not the mental attitude of those who live in England during World War II. The following was posted on a sign in an English pub during the Battle of Britain:

Fear knocked at the door. Faith answered. No one was there.

- 7- You must defeat fear before fear defeats you. Here are nine principles that describe the devastating chain reaction in the soul of the believer who submits to fear.

Thieme, R. B., Jr. *Freedom through Military Victory*. 3d ed. Houston: R. B. Thieme, Jr., Bible Ministries, 1996; p. 66:

1. The more you surrender to fear, the more you perpetuate fear.
2. The more you perpetuate fear, the greater your capacity for fear.
3. The greater your capacity for fear, the more you increase the power of fear in your life.
4. The more you increase the power of fear in your life, the more you live by fear and the greater becomes your failure to learn and apply doctrine.
5. The more you live by fear the more you are intimidated by life.
6. Fear focuses on the problem but Bible doctrine focuses on the divine solution. The divine solution is the only solution; human solutions are no solutions.
7. Fear is a sin that generates emotionalism, a major distraction to the spiritual life.
8. Fear breeds arrogance, but Bible doctrine nurtures humility and the spiritual life.
9. Fear of death cannot prevent death but fear can prevent living the spiritual life designed by God for every believer.

Fear epitomizes human viewpoint and obstructs problem solving. Since fear is a component of the emotional complex of sins, it negates thinking, applying doctrine, or any ability to function in a crisis. At least five categories of emotional sins stem from the root of fear—worry, hatred, reaction, guilt, and self-pity. You must confess, isolate, forget, and move on from these sins to restore battlefield courage and rational thought.

8- The following is the expanded translation of Joshua 1:1-9.

Joshua 1:1 And it came about after the death of Moses, the servant of the Lord, that the Lord spoke to Joshua the son of Nun, Moses's servant saying,

v.2 "Moses My servant is dead. Now therefore arise! Cross this Jordan, you and all this people, to the land which I have given to them, to the sons of Israel!

v.3 Every place on which the sole of your foot treads, I've given it to you, just as I spoke to Moses.

v.4 From the wilderness of this Lebanon, even as far as the great river Euphrates, all the land of the Hittites and as far as the great sea toward the setting of the Sun, will be your territory.

v.5 No man shall be able to stand before you all the days of your life. Just as I have been with Moses, I will be with you. I will not fail on you. I will not forsake you.

v.6 Be confident and courageous for you shall cause this people to inherit the land which I swore to their fathers to give to them.

v.7 Only be confident and courageous. Perform extraordinary diligence to do according to all the Law which Moses My servant commanded you. Do not turn from wheel tracks of Righteous to the right into legalism or to left into licentiousness so that you might act wisely wherever you go.

v.8 The Book of the Law shall not depart from your mouth, but rather you shall facilitate its content day and night so that you may be extraordinarily diligent to do according to all that is written in it, for then your lifestyle will accomplish what I intend, and you will act wisely.

v.9 Have I not commanded you? Be confident and courageous. Do not fear to the point of panic, nor allow dismay to destroy your courage. The Lord your God is with you wherever you go.” (EXT)

THE DOCTRINE OF THE FAITH-REST DRILL

I. The Mechanics of the Faith-Rest Drill:

A. Introduction.

- 1- The Faith-Rest Drill was the major problem-solving device for believers in the Old Testament and thus constituted the spiritual life of its dispensations.
- 2- In the Church Age, the faith-rest drill is one of the three basic problem-solving devices in the Christian way of life.
- 3- These three in addition to faith-rest are rebound and the filling of the Holy Spirit.
- 4- There are ten problem-solving devices available to the Church Age believer but the latter seven cannot function and are thus neutralized without the consistent utilization of the first three.
- 5- Following rebound and the subsequent filling of the Holy Spirit, faith-rest is a system of problem solving which allows you to gain control of a situation.
- 6- Faith-rest as a problem-solving device is broken down into four stages: (1) Claiming promises, (2) concentration on doctrinal rationales, (3) arriving at doctrinal conclusions of how the seven remaining problem-solving devices should be applied to the situation, and (4) the Royal Law.
- 7- However, the fourth stage is more like a Special Operations Unit and will be studied separately from the first three.
- 8- The first three stages of the faith-rest drill are:

Stage 1: Claiming promises:

- 1) Faith reaches out and claims promises, assuming of course that you know some promises.
- 2) If you do then you recite them in your mind, concentrating on what they mean.
- 3) Remember that the English noun “faith” and verb “to believe” come from the same word in the Greek.

- 4) The Greek noun is πίστις / *pistis* / and is translated “faith,” while the Greek verb is πιστεύω / *pisteuo* / and is translated “believe.”
- 5) When you place your faith in the promise you claim and believe that God’s integrity backs up what it says, you experience a tranquility of soul in the face of adversity.
- 6) With your soul made free of fear you are then able to concentrate on those principles of the Word of God that you have stored in your soul.